



NATIONAL  
LADDER SAFETY  
MONTH

## Ladder Safety and How It Affects Everyone

THE NUMBERS SPEAK FOR THEMSELVES

+137

**ladder injuries**  
every day\*

113

**deaths** caused by  
falls each year\*

6-10 ft.

The **most common ladder falls** happen  
between 6 and 10 feet off the ground

WHETHER YOU'RE USING A LADDER AT HOME OR AT WORK,  
THESE NUMBERS AFFECT **YOU**.

**2** most **common ladder accidents** include\*\*:

1. **Missing the last step when climbing down**
2. **Overreaching**

*\*\*Occupational Ladder Fall Injuries" - United States, 2011, Centers for Disease Control and Prevention*

*\*\*"ALI Ladder Safety Training and Citation Report" - United States, 2018, American Ladder Institute*

Take safety into your own hands by taking ladder safety seriously.  
Visit [www.LadderSafetyMonth.com](http://www.LadderSafetyMonth.com) to learn more.

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